

# HEATH VILLAGE VOICE

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# Exercise Your Green Thumb!

*My very first visit to Heath Village was during a beautiful, warm day in 2017 when I attended the Garden Tour with a friend. I couldn't have guessed that five years later my husband and I would be living at Heath Village with a garden plot of our own...*



New resident Fran Blaskopf's experience above with the garden tour is a telling one. When prospects are considering a move to Heath Village, one of the laments often heard is, "But I have such a lovely garden at my house." The annual garden tour is a wonderful way to show prospective residents that they don't have to leave behind their gardening gloves. At the event, attendees mingle with resident gardeners, learn the history of the community garden, and hear from Director of Grounds Kevin Newport.

Heath Village's expansive community garden provides residents with the opportunity to continue to enjoy one of their favorite hobbies. There are traditional beds as well as several raised plots to accommodate everyone. Fran and her husband Bill were so excited to move in this spring just in time to plant their own garden and see their and all the residents' plots bloom.

Not only does the garden provide exercise and joy for residents, but it also produces an abundance of flowers, fruits, and vegetables. Years ago, the gardeners had a thought...Wouldn't it be great to share our harvest with all the residents. The idea spurred the creation of the Heath Village Farmers Market. Every Friday from the beginning of July to Labor Day, resident gardeners are encouraged to share their bounty with the community. In addition, Ort Farms in Long Valley donates corn and additional produce. There are no set fees, instead shoppers are encouraged to make a donation to the Clarence W. Sickles Friendship Fund.

Several resident volunteers help organize the Market. For the past several years Mary Kashmanian has managed it. She and her team of resident garden volunteers, including Bob Jones who is the Community Garden manager and liaison to Ort Farms, work together to ensure everything runs smoothly.

We look forward to watching our garden continue to grow!

*Article by: Housing & Marketing Services with contributions from Fran Blaskopf and Paula Benson*

*Photos by: Housing & Marketing Services*



*(From Left to Right: Mary Kashmanian, Maria Moch & Grace Kelly.*

*Pictured in background: Paula Benson & Hope Dingley)*



*Fran & Bill Blaskopf speaking with guests at the Garden Tour*



*Bob Jones, President of the Garden Club, addressing guests and residents at the Garden Tour*

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# Heath Village Family Day Returns with "The Fabulous 50s Sock-Hop Party!"

Family Day, one of Heath Village's most anticipated annual events, returned this month after a two-year hiatus. This year's theme was *The Fabulous 50s Sock-Hop*. There was live music and entertainment, pony rides, a petting zoo, tattoo and balloon art, face painting, antique cars, carnival games and rides. What makes Family Day so special is the unique opportunity it presents for residents and employees to relax with one another as well as their own family members. It is a true celebration of our Heath Village family. Children of all ages could be found laughing and having a wonderful time. We also celebrated a milestone birthday as one of our residents, Dana Cupido, turned 100 years old! It was truly a doo-wop of a great time indeed!

Article by: Housing & Marketing Services

Photos by: Housing & Marketing Services and Activities Department



Enjoying this year's theme is Heath Village resident Dana Cupido celebrating her 100th Birthday. Dana was serenaded by The King himself, an Elvis impersonator, and all the attendees at our Family Day.



# Heath Village Women's Association Fellowship at the Center of our Community *Women's Association President ~ Bea Lake*



It is such a great honor to serve as the new President of the Heath Village Women's Association. I have lived at Heath Village for 2½ years and became involved in the community early on by volunteering in the Village Gift Shoppe, playing bocce and learning to play bells in the Heath Village Hand Bell Choir. I found being involved so fulfilling, that I wanted to find where else I might like to participate. This is how I chose to become part of the Women's Association in the spring of 2021.

My first role was assisting with planning programs and events. I enjoyed being a part of this group so much that when our long-time President, Rachel Aron, announced that she was stepping down, I decided to join the board as the new President. I was excited to build on Rachel's great work and continue to grow our association.

The Women's Association offers four programs and two off campus bus trips each year to which all residents are welcomed. One of our sponsored programs this past year featured resident Tom Halliwell who is an author and worked as a science teacher. The program was entitled "Winter Birds and Birding in Northwestern New Jersey." The program covered many species of birds that can be seen in winter throughout Morris, Warren, and Sussex Counties. It was a huge hit with our residents.

The Women's Association also arranges for two luncheons per year which is a wonderful afternoon spent together and a beloved social event on campus.

We do not require dues but accept donations to help offset the cost of speakers for our programs. In addition, this year we were able to donate to the Friendship Fund which is a goal of ours to continue annually.

If you are a woman looking to connect with the women of Heath Village, the Women's Association could be the perfect group for you. We always welcome new residents to get involved and perhaps you have a talent you can share to assist the association.

Please join us at any one of our many events to learn what we are all about and become part of our vision for the future. Or, give me a call at ext. 6047 if your interested in learning more about the association.

With your support, we can grow together and achieve great things!

*Article by: Bea Lake ~ Heath Village Women's Association President*

*Photos by: Housing & Marketing Services*



*Bea Lake, President of the Women's Association addressing the group at their annual Spring Luncheon*



*Residents of Heath Village enjoying our annual Women's Association Spring Luncheon  
From Left to Right: Betsy Gorman, Helen Jones, Kathy Kuntz & Josephine Yuresko*



*Resident Beverly Lalley & Vanda Pozzi sharing a spot of tea and delicious British cuisine at Sally Lunn's Tea House in Chester, NJ*

# A HOWLing Good Time...

There are not many sounds I will always remember, but on July 28 I heard one of the most beautiful sounds that I will certainly never forget.

Our Heath Village group visited the Lakota Natural Wolf Preserve in Columbia NJ and were treated twice to a "concert" of ethereal wolf howling. Each of the six wolves we saw up close had a distinctive howl and their owner and preserve guardian, Jim Stein, knows each wolf by his or her unique haunting sound.

Jim and his wife, Becky Mace shared their love of these beautiful wild animals and told many humorous and heartwarming stories. We learned much about this endangered species during our guided tour and found it so peaceful to watch and listen to packs of British Columbian, Timber and Arctic wolves. Seeing these wolves, along with a bobcat, lynx and fox at Lakota Wolf Preserve, was very different than a typical zoo. We visitors are seen as guests in their scenic, rugged home.

This community trip was absolutely an experience of a lifetime!

*Article by: Dottie Crossett*

*Photos by: Activities Department*



# Zootopia - Turtleback Zoo

What a perfect day we had at the Turtleback Zoo! A lucky group of Heath Village residents had the opportunity to travel to the zoo, located in West Orange, for a day trip. It was delightful. The animals were so active and put on a wonderful show for us all. The visit was an amazing experience.

We observed the prairie dog community working together and watching over one another. Big cats were plentiful and majestic to see. At the indoor touching pool, we were able to reach in and pet the smooth backs of the stingrays.

It's been a long time since I have visited the zoo and I am so happy we had the opportunity to do so. The zoo has changed and improved greatly. The weather and the wonderful company made for a lovely day out.

Article by: Bev Lalley

Photos by: Activities Department



## Newcomers

James Benson,  
from Stanhope, NJ  
to Apt. AC 11/12

Linda Bradway,  
from Flemington, NJ  
to Apt. 212

Georgette Dorber,  
from Millsboro, DE  
to Apt. AC 19/20

Barbara Hills,  
from Hackettstown, NJ  
to Apt. 219

Gary Hills,  
from Hackettstown, NJ  
to Apt. 219

Traude Hughes,  
from Hackettstown, NJ  
to Apt. AB 5/6

Maria Katonak,  
from Flemington, NJ  
to Apt. 212

Marianne Pinto,  
from Long Valley, NJ  
to Apt. AC 4

Claudia Thomas,  
from Hackettstown, NJ  
to Apt. 40

Edward Yawger,  
from Hackettstown, NJ  
to Apt. AC 9/10

# Cardio Splash!

Not only do we enjoy swimming in Heath Village's beautiful saltwater pool, but our community was thrilled when we heard that our popular water aerobics classes were returning this summer after a two-year lapse due to the pandemic. The return of this fitness option made a huge splash! There were more participants than ever before.

It was great to again enjoy all the health benefits water aerobics classes provide. It truly is a terrific workout. We use Styrofoam weights such as pool noodles, floats, and boards to strengthen our muscles and improve our balance, all while keeping cool in the pool.

Our energetic instructor, Alissa, makes our workouts challenging and fun while playing great music during class to inspire us. Coached with modifications for any fitness level, we always have a safe workout. We perform all sorts of lunges, squats, lateral-front-back leg kicks and arm raises. The workout has an added benefit of making for a great night's sleep!

It's so much fun to be part of this group! We hope you will join us next season.

*Article by: Maria Moch and Mary Jane Purdy*

*Photos by: Housing & Marketing Services*



# 18 Holes of Fun

Our Heath Village excursion to Farmview Minigolf was so much fun for me. I've been going to Farmview for years. It's one of my favorite places to minigolf, and what a treat to now be living practically next door to it. The course is challenging, but also quite fun. Betty Buchan, the owner, designed each hole to offer two options so each time you play, you never know which hole is open or which one has a rock over it. It keeps you on your toes.

The grounds are beautifully landscaped and well maintained. It's planted with perennials to make it interesting through every season. Betty's granddaughter has provided another welcome addition this year with her lovely hand painted signs for each hole with the par indicated. I hope this trip becomes an annual event.

*Article by: Ellen Landau*

*Photos by: Activities Department*



## In Memoriam

<b>Elizabeth "Betty" Karpinski</b>	<b>7/1/2022</b>
<b>Elinore Bullock</b>	<b>7/11/2022</b>
<b>Eugene "Gene" Fazzini</b>	<b>7/13/2022</b>
<b>Julie Hobart</b>	<b>8/11/2022</b>
<b>Leslie Parkin</b>	<b>8/17/2022</b>
<b>Joan Aronson</b>	<b>9/7/2022</b>

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## The Friendship Fund Charitable Gift Annuity

**Making an annuity gift:** You irrevocably transfer money or securities to our Friendship Fund. In exchange, we pay you (and another, or a survivor, if you like) a fixed amount annually for life. In effect, your transfer is doing two things -making a charitable gift and purchasing a fixed income for life.

**Income tax benefit:** You get an income tax charitable deduction in the year you make your gift. If you let us know your date of birth and the amount of your contemplated gift, we can calculate your deduction.

**How annual payments are taxed:** A large portion of each annuity payment received is tax-free. The tax-free amount is fixed at the outset and remains constant for the period of your life expectancy.\*\*

The rate of return is attractive and guaranteed for life - without investment worries or responsibility.

### Rate Examples: One-Life Annuity Rates 7/1/2022

Age**	Rate
75	6.0 %
76	6.1 %
77	6.3 %
78	6.5 %
79	6.8 %
80	7.0 %
81	7.2 %
82	7.5 %
83	7.7 %
84	7.9 %
85	8.1 %
86	8.3 %
87	8.5 %
88	8.7 %
89	8.9 %
90+	9.1 %

The Friendship Fund Charitable Gift Annuity is a wonderful opportunity for giving, as it benefits the donor as well as residents of Heath Village. We hope that you will discuss this opportunity with your legal or financial counsel.

## Enjoy campus life at HEATH VILLAGE A UNIQUE RETIREMENT COMMUNITY

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Hotel-style living in **Heath House** where meals, housekeeping and linen services are included.

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Optional community fees.  
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